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## T3.002: Evaluating Emotional Growth Through Family Challenges

| Core Concept (Measuring<br>Emotional Growth in  | Search Keywords (Inhound (Outhound) |                      | Linked Action       | Information Quality Check            |
|---|-------------------------------------|----------------------|---------------------|--------------------------------------|
| Families)   | (IIIDoulla) Outboulla)              | Resource             |                     |                                      |
| Evaluating Emotional Growth Through Family Challenges: Family challenges not only build practical skills but also contribute to emotional growth. By reflecting on how family members respond to challenges emotionally, families can assess improvements in emotional intelligence, empathy, and resilience, gaining deeper emotional connections. |                                     | 1. Family            | 1. Search           |                                      |
|   |                                     | Emotional            | "Family             |                                      |
|   | Inbound Keywords: -                 | Growth               | Emotional           |                                      |
|   | Search for <b>"family</b>           | Toolkit: Search      | Growth              |                                      |
|   | emotional growth                    | "family              | Toolkit":           |                                      |
|   | <b>tracking"</b> or                 | emotional            | Combine terms       |                                      |
|   | "measuring emotional                |                      | like <b>"family</b> |                                      |
|   | intelligence in                     | toolkit" for         | emotional           |                                      |
|   | families" to find tools             | guides on            | intelligence"       |                                      |
|   | and resources 1.                    | measuring            | or                  |                                      |
|   | 8                                   | emotional            | "measuring          |                                      |
|   |                                     | development          |                     | 1. Family Emotional Growth           |
|   |                                     | 0                    |                     | <b>Toolkit</b> : Verified by family  |
|   |                                     | 0                    |                     | psychology experts, reviewed         |
|   |                                     | <b>Purdue Family</b> |                     | annually. 2. <b>Purdue Emotional</b> |
|   | S                                   | Emotional            | 2. Search           | <b>Growth Programs</b> : University- |
|   | ±                                   | Intelligence         | "Purdue             | driven, research-based,              |
|   |                                     | Programs:            | _                   | continuously updated. 3.             |
|   |                                     | Search               |                     | Tippecanoe Emotional                 |
|   | 5                                   | "Purdue              |                     | Growth Workshops:                    |
|   | -                                   | family               |                     | Community-driven, regularly          |
|   |                                     | emotional            |                     | updated to meet local family         |
|   |                                     | intelligence         |                     | needs. 4. <b>Global Emotional</b>    |
|   |                                     |                      |                     | Development Resources:               |
|   |                                     |                      |                     | Verified by international            |
|   |                                     | workshops and        | <b>"Purdue"</b> for | experts, frequently updated.         |
|   |                                     | activities that      | relevant            |                                      |
|   | workshops" for broader              |                      | resources. 3.       |                                      |
|   |                                     | growth in            | Encourage           |                                      |
|   | family emotional growth             | families. 3.         | emotional           |                                      |
|   |                                     | Tippecanoe           | growth              |                                      |
|   | S                                   | Family               | through             |                                      |
|   | 1                                   | Emotional            | challenges:         |                                      |
|   | - 3. Measuring family               | Growth               | Support             |                                      |
|   | emotional resilience                | -                    | families in         |                                      |
|   |                                     |                      | tracking            |                                      |
|   |                                     | "Tippecanoe          | emotional           |                                      |

| Core Concept (Measuring<br>Emotional Growth in<br>Families) | Search Keywords (Inhound (Outhound) | Related<br>Network<br>Resource | Linked Action  | Information Quality Check |
|---|-------------------------------------|--------------------------------|----------------|---------------------------|
|   |                                     | family                         | development    |                           |
|   |                                     | emotional                      | and resilience |                           |
|   |                                     | growth                         | through        |                           |
|   |                                     | workshops" to                  | everyday       |                           |
|   |                                     | find local                     | challenges.    |                           |
|   |                                     | resources that                 |                |                           |
|   |                                     | focus on                       |                |                           |
|   |                                     | tracking and                   |                |                           |
|   |                                     | fostering                      |                |                           |
|   |                                     | emotional                      |                |                           |
|   |                                     | growth through                 |                |                           |
|   |                                     | challenges. 4.                 |                |                           |
|   |                                     | Global Family                  |                |                           |
|   |                                     | Emotional                      |                |                           |
|   |                                     | Development                    |                |                           |
|   |                                     | Programs:                      |                |                           |
|   |                                     | Search for                     |                |                           |
|   |                                     | "global family                 |                |                           |
|   |                                     | emotional                      |                |                           |
|   |                                     | growth                         |                |                           |
|   |                                     | programs" to                   |                |                           |
|   |                                     | explore                        |                |                           |
|   |                                     | international                  |                |                           |
|   |                                     | resources for                  |                |                           |
|   |                                     | measuring                      |                |                           |
|   |                                     | emotional                      |                |                           |
|   |                                     | resilience and                 |                |                           |
|   |                                     | development in                 |                |                           |
|   |                                     | families.                      |                |                           |

## Link Breakdown for T3.002:

- 1. Tippecanoe Local Resources:
  - Tippecanoe Family Emotional Growth Workshops: Search
     "Tippecanoe family emotional growth workshops" to find local events that support families in tracking and enhancing emotional growth.
  - Family Emotional Growth Toolkit: Use combined terms like "family emotional growth toolkit Tippecanoe" to find community-focused resources that help families measure emotional development.
- 2. Purdue University Resources:
  - Purdue University's Family Emotional Intelligence Programs: Search
    "Purdue family emotional intelligence programs" to access tools that
    promote emotional resilience and growth through family challenges.
  - Family Emotional Growth Toolkit: Use terms like "Purdue family emotional growth toolkit" for practical guides on fostering emotional development through family activities.
- 3. Global, Authoritative Resources:
  - o Global Family Emotional Growth Programs: Search "global family

- **emotional growth programs"** or **"emotional resilience programs for families"** to explore international programs that measure emotional development in families.
- Emotional Intelligence in Families: Combine keywords like "family emotional intelligence activities" or "measuring emotional growth in families" for more precise results.