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M3: Growth and Adaptation (From Susie's Family Story)

Core Concept (From Susie's Story)	Keywords	Related Network Resource	Linked Action
M3.006: Embracing Growth Through Change	1. Growth through change 2. Personal development 3. Family adaptability 4. Embracing transitions 5. Developing new skills	1. "Embracing Growth During Times of Change" : A guide for families to explore how personal growth can emerge through navigating life's transitions. 2. Developing Personal Growth Through Change : Resources aimed at helping individuals and families develop personally while adapting to new circumstances. 3. Enhancing Family Adaptability : Practical advice for families on how to remain flexible and embrace change together. 4. Tippecanoe Growth and Transition Programs : Local programs offering families tools and strategies to support growth during times of change.	Key keywords: growth through change, personal development, family adaptability, embracing transitions. These resources focus on growth and personal development in the face of change and transitions. 1. Explore ways to embrace growth during change https://www.psychologytoday.com/us/blog/growth-during-change 2. Learn about personal growth through transitions https://www.verywellfamily.com/personal-growth-through-change-4164718 3. Tippecanoe Growth and Transition Programs https://www.tippecanoe.org/growth-and-transition 4. Enhance family adaptability https://www.verywellfamily.com/family-adaptability-and-growth-4164720