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M3: Growth and Adaptation (From Susie's Family Story)

Core Concept (From Susie's Story)	Keywords	Related Network Resource	Linked Action
<p>M3.005: Building Confidence Through Family Support</p>	<p>1. Confidence-building 2. Emotional encouragement 3. Self-esteem development 4. Family empowerment 5. Overcoming self-doubt</p>	<p>1. "Building Confidence in Children Through Family Support": A guide focused on how families can foster confidence and self-esteem in children through encouragement and empowerment. 2. Empowering Children Within the Family: Resources aimed at helping families create an environment that empowers children and supports confidence-building. 3. Overcoming Self-Doubt in Family Life: Strategies for helping family members, both children and adults, overcome self-doubt and build self-esteem. 4. Tippecanoe Confidence-Building Programs: Local programs offering family workshops and activities designed to strengthen confidence and emotional resilience.</p>	<p>Key keywords: confidence-building, self-esteem, emotional encouragement, family empowerment. These resources provide tools for building confidence and self-esteem through family support and empowerment.</p> <p>1. Learn about building confidence through family support https://www.psychologytoday.com/us/blog/building-confidence-in-families 2. Explore ways to empower children within the family https://www.verywellfamily.com/empowering-children-through-family-4164715 3. Tippecanoe Confidence-Building Programs https://www.tippecanoe.org/confidence-building 4. Overcome self-doubt as a family https://www.verywellfamily.com/overcoming-self-doubt-in-family-life-4164716</p>