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*For feedback, contact us at: [junelafayette1668@gmail.com](mailto:junelafayette1668@gmail.com)*

**M1: Resilience and Growth (From Susie's Family Story)**

Core Concept (From Susie's Story)	Keywords	Related Network Resource	Linked Action
<b>M1.005: Family Support Systems</b>	1. <b>Family support</b> 2. Emotional well-being 3. Strengthening family bonds 4. <b>Community resources</b> 5. Shared responsibility	1. <b>"Building Strong Family Support Systems"</b> : This guide explores the importance of establishing a robust support system within the family unit and accessing external help when needed. 2. <b>Family Support Institute</b> : A comprehensive resource offering family-centered approaches to strengthen emotional well-being. 3. <b>Community Support Networks</b> : Information on how families can connect with local community services to foster support during difficult times. 4. <b>Tippecanoe Family Support Services</b> : Local services offering family counseling, community involvement, and educational resources to strengthen family ties.	<p><b>Key keywords:</b> family support, emotional well-being, community resources, shared responsibility. These resources emphasize the value of <b>family support systems</b> and the role of <b>community</b> in maintaining <b>emotional well-being</b>.</p> <p>1. <b>Learn about building strong family support systems</b>  <a href="https://www.verywellfamily.com/family-support-systems-4164400">https://www.verywellfamily.com/family-support-systems-4164400</a></p> <p>2. <b>Access the Family Support Institute's resources</b>  <a href="https://www.familysupport.org/">https://www.familysupport.org/</a></p> <p>3. <b>Tippecanoe Family Support Services</b>  <a href="https://www.tippecanoe.org/support-services">https://www.tippecanoe.org/support-services</a></p> <p>4. <b>Explore community support networks</b>  <a href="https://www.psychologytoday.com/us/blog/community-support">https://www.psychologytoday.com/us/blog/community-support</a></p>