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A2.001: Adapting Family Routines to New Challenges

Core Concept (From Susie's Story)	Keywords	Related Network Resource	Linked Action
<p>A2.001: Adapting Family Routines to New Challenges</p>	<p>1. Family routines 2. Adapting to change 3. Flexibility in daily life 4. Routine management 5. Navigating disruptions</p>	<p>1. "Adapting Family Routines to Change" – A guide from VeryWellFamily on how to maintain stability while adapting routines to new challenges. 2. Building Flexible Family Routines – Resources from PositivePsychology.com focused on creating flexible routines that can adapt to change. 3. Supporting Children through Routine Changes – Insights from the American Academy of Pediatrics on helping children cope with changes in their daily routines. 4. Tippecanoe Family Routine Support Programs – Local programs offering guidance on managing family routines in changing environments, hosted by Tippecanoe Family Services. 5. Tippecanoe Parenting Support for Routines – Programs aimed at supporting parents through transitions and routine management, hosted by Tippecanoe Community Center.</p>	<p>Key keywords: Family routines, Adapting to change, Flexibility, Routine management, Navigating disruptions. These resources provide support for families looking to adapt their routines to new challenges.</p> <p>1. Explore Flexible Routine Strategies: Learn how to adapt family routines at PositivePsychology.com. 2. Manage Routine Changes: Find tips on routine management at VeryWellFamily. 3. Join Routine Support Programs: Access local routine management programs at Tippecanoe Family Services. 4. Support Parenting Transitions: Join parenting support programs at the Tippecanoe Community Center.</p>