

SUSIE'S FAMILY STORY

by June.w



Christmas Eve of 2020.

A book was born to be,

Inspired by the warmth of Christmas cheer,

Susie's family came to me.

I hope this story spreads joy and light,

To children far and near,

Bringing love and warmth to every heart,

A gift throughout the year.

-June W



PART.022



SEASON 1 EPISODE 11: MEETING MATRIX – TANYA'S WARM-UP EXERCISES (TARGET TRAINING)

Days passed quickly as Susie worked on both her store and her drawings. She felt a sense of satisfaction, even humor, in her "artwork." Susie couldn't help but wonder how Paul would react if he saw her creations.

In the coming days, while Susie managed the store and prepared for the little golden egg's arrival, she continued her "artwork." Painting allowed her to express her thoughts and plans. It was her personal way of ensuring she could remove Paul's plan as soon as possible.

Hunter also joined in the artistic endeavor at home, focusing on drawing the best protective shell for themselves and their family. Tanya had taught them the importance of concentrating on what they could change and building the best possible shell. Hunter was eager to protect everyone he loved.



TIP: "Growing Up Together" invites all children to draw the T that can best protect themselves and their families. (100 SAMPLES)

- SAMPLE 1 Explanation: Describe why the shell you designed can protect yourself, your parents, grandparents, and the whole world.

Susie counted the days with growing excitement and a sense of urgency. She longed for time to slow down, wanting to catch up with the arrival of the little golden egg and complete the fifth step of the tutorial. This project was becoming a significant part of her life, and she intended to make it the first gift for her baby.

While she missed Paul, Susie resisted the urge to call him. She knew she needed to stay calm and focused, especially with the little one on the way. She was proud of the progress she had made, just as Hunter had been revising and refining the protective shell in his heart through his paintings.



Susie had spent weeks working hard on her goals and plans, and she realized that knowing what she truly desired in her heart brought her immense happiness. She had created a plan for each of her dreams, meticulously noting them down. The drawings in her goal book were a reflection of her honest intentions, not just simple illustrations.

January 15, 2021, marked the day of Susie's meeting with Tanya. Before anything else, Susie would engage in ten minutes of meditation, accompanied by Blossom Dearie's "Tea for Two" and yoga. The music held a special place in her heart, as it evoked memories and emotions, reminding her of the wonderful feelings she experienced during her previous yoga session. She felt like she was drawing power from the universe.

As the day progressed, Susie found herself preparing to bake cakes. She had gathered all the necessary ingredients and planned to send sponge cakes to Grandma Lucy and Tanya the following day, as a token of her appreciation for their help. It was her way of thanking them for their support since Christmas, which felt like a dream.

The fear that had once haunted her had faded, and even when it resurfaced, she knew it was unfounded. She remembered the lyrics of Lenka's song, "Trouble is a friend," and understood that difficulties and problems were stepping stones to success.

By 10 o'clock, Susie had prepared the cake molds, ready to bake them in the morning. She reviewed her goal book, acknowledging the progress she had made. She had diligently planned out her dreams, each goal carefully detailed.

January 15 arrived, and although the weather was sunny, it was bitterly cold. Troubling news continued to dominate the headlines, but Susie had shifted her focus from external information to the music that resonated within her. The selected songs held deep meaning for her.

The day after tomorrow, Susie was scheduled for her final prenatal checkup before giving birth. She anticipated discussing the next steps with Tanya during their meeting today. She was eager to complete the five-step process and have a complete set of instructions.

In her store, Susie remained flexible and quickly attended to her tasks. She welcomed each customer with enthusiasm and joy, knowing that many of the nearby residents were familiar with her, thanks to her time in the town. Grandma Lucy had planned a baby shower for her this weekend, and Susie was excited to share the joy with friends and family.

Noon came quickly, and Hunter was the first to arrive at the store, eagerly waiting for Tanya. He proudly showed Tanya his paintings, featuring a family of chickens, complete with a silver-white space vehicle called the "Safe Flight Shell." The aircraft had a magical detection function to identify potential dangers and provide safety reports and solutions. Hunter's enthusiasm was contagious, and Tanya couldn't help but laugh.

Tanya praised Hunter for his fantastic work, emphasizing the importance of self-protection and safety awareness. Susie felt immense pride in her son and his creative imagination.



Tanya proceeded to teach Hunter the first layer of protection, which began with believing in oneself. He encouraged Hunter to meditate for 10 minutes each morning and evening, using his space flight shell as a visualization tool. The goal was for Hunter to internalize the belief that he could protect himself.

Hunter eagerly accepted the challenge, and his confidence soared. Tanya explained that over the next few weeks, they would build the actual space flight shell based on Hunter's design. They would then rehearse a small drama called "My Space Flight Shell." Tanya hoped to invite children from the town to participate, either in person or online. Hunter agreed enthusiastically.

As the session concluded, Hunter playfully roamed around the small warehouse, even making funny faces that amused Susie. Their cheerful interaction made her stomach rumble, a sign that the little golden egg was also eager to join the fun.



Thinking of the delicious cake she had prepared, Susie decided it was time to satisfy her hunger. She had divided two cakes, sending one to Grandma Lucy's house and preparing a slightly larger one for Tanya. The cake was shaped like a "T" and featured a medley of fruits, frozen into a heart shape. It had taken Susie days to create this delightful treat.

With preparations complete, Susie eagerly anticipated the next chapter in her journey.

Susie couldn't help but think of the delightful morning cake she had prepared. Two portions had already been divided, and one was sent over to Grandma Lucy's house. The remaining cake, slightly larger, had been shaped into a "T," using a blend of strawberry, blueberry, kiwi, and various fruits squeezed into juice, then frozen into a heart shape. Susie had dedicated days to crafting this special cake.



As she presented the cake to Tanya, he couldn't help but laugh at its adorable design. He appreciated the effort and love that had gone into creating it. Susie playfully remarked that it was her first time making such a complicated cake without overturning it. She expressed her gratitude to Tanya for his constant support and also mentioned Grandpa Ken, who had been equally helpful.

Afterward, Susie stepped outside to share a portion of the cake with Grandpa Ken. She also cut slices for Hunter and Tanya. Susie had carefully chosen the cake's ingredients, ensuring it was suitable for people of all ages, including those who were still in their mother's womb. She had avoided using sugar, relying on the inherent sweetness of the fruits, and substituted cream with soy milk, fruit, and eggs.

Susie reminisced about her childhood when she lived near a small cake shop. Despite the family's modest living conditions, passing by the cake shop always brought her immense joy.



It reminded her that many things in life, like sunshine, kindness, and the sweet scent of a cake shop, didn't require money. The simple pleasures of a warm winter day in a quiet town filled her heart with happiness.

As afternoon tea continued, Grandma Lucy prepared grapefruit tea for everyone. It was served in a thermos, a thoughtful gesture by Hunter during lunch. Susie couldn't help but revel in the happiness of enjoying afternoon tea together with her loved ones.

