

Christmas Eve of 2020.

A book was born to be,

Inspired by the warmth of Christmas cheer,

Susie's family came to me.

I hope this story spreads joy and light,

To children far and near,

Bringing love and warmth to every heart,

A gift throughout the year.

-June W





SEASON 1 EPISODE 8-1: WHEN SUSIE MEETS MATRIX

A Warm Evening of Goals and Resolutions

Finally, it was time to start writing her book. Susie had finished work early that day and had her dinner promptly. She turned on the lights in her two-bedroom apartment with a small living room, creating a warm and welcoming atmosphere. She couldn't access the internet on her phone at home, so she hoped to have some background noise. She remembered that she hadn't finished watching the movie "New Year's Eve" on Christmas Eve, so she

decided to resume it.

With a glass of lemon-infused water, she sat at the dining room table and retrieved more than 20 "GOAL receipts" from her backpack. She spread them out and opened the notebook T had given her, ready to start writing her New Year's resolutions. Before putting pen to paper, she recalled Tanya's advice about making goals specific and clear.

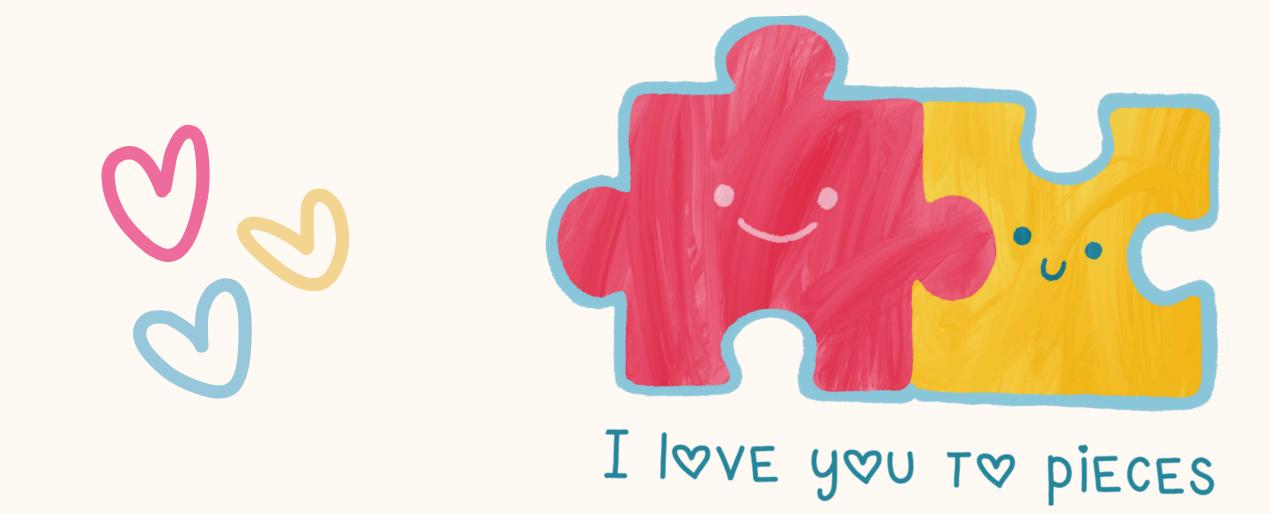




Ambiguity was not allowed. Susie examined her goal receipts and found them adorable, with wishes like "French pancakes," "Ballet class," "Children's health," "Palm trees, beach vacation on June 21," "Paul's return," and "Mom and dad's health for the New Year." It was a treasure trove of good wishes.

Remembering Tanya's words, she knew she had to include the time, place, and details of her desires. She likened it to the Excel forms she used while managing supermarket inventory, with columns for purchase time, amount, and quantity. So, Susie decided to structure her goals like an inventory list.

First on her list was "Health & Fitness," as T had emphasized that health was the most crucial goal. Being healthy enabled success in many other areas of life. Susie wholeheartedly agreed. Considering the challenges of the year, she resolved that health was paramount for her, her family, and those around her.



Susie understood that health often relied on one's mindset. To be healthy, you had to feel healthy and remain resilient in the face of adversity. It was a lesson she'd learned from Attorney T, who saw her as a fearless girl. Although her job involved standing for much of the time, she felt undaunted.

With newfound determination, Susie wrote at the top of her notebook, "Goal 1: Health Goal." She knew that starting with "I want" was key, so she began with, "I want myself, my baby, my parents, Paul, and Paul's parents to be healthy in the new year."

