

Christmas Eve of 2020.

A book was born to be,

Inspired by the warmth of Christmas cheer,

Susie's family came to me.

I hope this story spreads joy and light,

To children far and near,

Bringing love and warmth to every heart,

A gift throughout the year.

-June W





SEASON 1 EPISODE 8-1: WHEN SUSIE MEETS MATRIX

Tanya's warm-up exercises (goal training) - set up goals

On the 26th, Susie came to the store after breakfast early. She received a delivery call. It turned out that a restaurant not far from here urgently needed ten pizzas, and because of the epidemic, many stores were closed. Ken's store is the only one in the town that insists on being open for Christmas and New Year.

"I wonder what Grandpa Ken's family reunion was like yesterday? There must be many happy things happening!" Susie thought. Grandpa Ken would come to the store to deliver the goods in a while, and Susie would oversee the store.

Susie thought that apart from looking at the store today, she still had two goals to accomplish. First, she started a meditation practice when she got home at night. Second, she will begin writing her New Year's and New Year's resolutions. The notebook T gave her is lovely, with a red cover, and every sheet of paper in it is blank and can be filled with many things.

But it is so beautiful, she must write the most complete part. Susie is thinking about the date, and she can only see Tanya at noon on January 1 so she can complete her New Year's goals and plans on December 31, 2020, the last day of this year.

Many customers in the store will not ask for receipts. (By the way, here are some tips for lawyers: This is an awful practice. It will not play a perfect role in protecting your rights as consumers in the future. So everyone, Remember to take the receipt!) So there are a lot of unused tickets in the store, and Susie plans to write her New Year's wishes and goals on the unused tickets.

Tanya told her to write down all her New Year's goals and resolutions on Christmas Day. It must include health and fitness (Health & Fitness), including personal development (Personal Development), family relationships, Networking, financial, and dream chapters (this is the most exciting part of the whole goal BOOK)

Susie still remembers that Tanya told her to follow the SMART principle. (Specific, measurable, attainable, relevant, timely). These things are pretty complicated. Susie is going to write one by one. She remembered that when she was a child, she especially wanted a pink bicycle, but her family couldn't afford one. So, she found a second-hand one and refurbished it herself. This taught her that when you want something badly enough, you can make it happen.

Here comes the guest! Some so many people need pizza today. Pizza has few health benefits. But the pizza in the store is delicious! Susie is a foodie; she has eaten everything. Ha ha! Beer + pizza + movie, what a night!

Susie thinks that her greatest wish will not be difficult to come true; she hopes that Paul will return next year and find a job in the town and that the baby will be born next year with Dad by her side. Paul seldom speaks but has deep blue eyes with deep eye sockets. He likes to look at Susie very expressively. Susie is a girl who likes to chat. They are a perfect match! If Paul can find a job in the small town, the epidemic can end, and they can live here!

Uh-huh! Write down! Susie took out a small receipt that had just been printed. The ink had just dried, but there wasn't much room for writing on the entire ticket. Susie wrote a few words: "2021, Paul comes back; the epidemic is over". Hmm, this desire is powerful.

The pandemic has made everything difficult. Susie thought about the remaining money in her account, thinking that Paul and Paul's salaries had been low in the past few years. They also provided a car, rent, utilities, insurance, and the first half of this year. Paul, I have little income, and my savings have been used up. In addition, when Susie was just pregnant, she had severe morning sickness and was unable to work. In addition, the epidemic also started at that time, and the business in the store was also precarious, thanks to Grandpa Ken. He almost always runs a store by himself.

When Susie felt that her pregnancy was stable, Ken gave her this rare job. You know, where does a pregnant woman go to find a job? Ken's storefront business has been unstable, and Grandpa Ken used his house for a loan.

Thinking of these, Susie loves this town even more. Although Susie is not a local, nor is it a small town with a well-developed economy, she feels that she lives here, which is very warm. Very happy. This is where she and Paul fell in love. So she wants to stay here. I don't want to leave for a moment.

The epidemic is over; Ken's store lives! Paul is back!
This idea is getting stronger and stronger! It's
getting more explicit and more precise!
Susie wanted to drive to the provincial capital and
hug Paul!

Susie thought the town needed to open a wood processing factory, and Paul would have a job! She thought about the people she knew in this small town, including Tanya, whom she met a few days ago! She felt hot in her heart.

So many things happened in these two days. Santa Claus is really by our side! Real!
Susie thought she would continue to work hard!
Come on!

Susie remembered what Tanya said to her; this guide is to guide children to master safety knowledge and skills. It is also to help parents complete it together before age six because it is true.

Susie continued to look at the store. Continue working. This job requires little technical content. But Susie loves it! Really like! She likes the paperwork sitting in the office sparingly. She feels that when there are no customers, she and this small shop are like the happiest friends in the world. We are always waiting for customers' visits. That feeling made Susie feel so delighted. Susie's workflow is responsible for cleaning up the storefront, taking inventory, and clearing the goods. Before she was pregnant, she would help move potatoes, tomatoes, vegetables, and beverage boxes.

Now, these jobs belong to Grandpa Ken. Grandpa is over 70 years old. All of this is challenging. Susie feels sorry for Grandpa. Susie's grandfather passed away three years ago. Grandpa is the one who loves Susie the most.

But in fact, Susie has long been out of sadness. Susie's grandfather has always lived in Susie's heart. Always. She has always regarded Grandpa Ken as her grandpa! Grandpa Ken loves Susie very much. It's such a good feeling.

Susie suddenly remembered something. Tanya told her that health is the most important among all life goals and New Year's wishes. Right! The health of myself, the baby in my stomach, and all the family members and lovers around me is the most important thing.

Susie suddenly remembered another item, "The baby will be born healthy next month!" Susie marked another small receipt for herself, drew a 2, and wrote, "Baby will be born in a healthy state"! This matter is too important. Because of hormones, pregnant women are usually susceptible and emotional during pregnancy. Susie wrote with determination, "My baby will be born in a healthy state!"

She understood the importance of this matter, especially in a world filled with news of pregnant women worldwide contracting the new coronavirus. It was a heartbreaking reality, and Susie sympathized deeply with them. She was determined to ensure her baby's health.

She gently stroked her belly, which had a unique, egg-like shape, unlike many other pregnant women. With a smile, she thought, "my little one and I are destined for each other."

During her work breaks, Susie diligently collected "goal receipts," carefully noting the time and number of each one. As the New Year approached, she had amassed over 20 of these "goal tickets." The excitement was palpable.

Some of her wishes were simple, like her desire to enjoy French pancakes with strawberries at a nearby pancake shop on New Year's Day.
Unfortunately, the pandemic had caused the shop to close frequently, and takeaway services were canceled. Susie's own store also closed during her off-duty hours. So, she added this goal: "French pancakes with lots of fruit."

Aware that she needed more time to organize these "goal receipts," Susie prepared to work the night shift. Tomorrow, she planned to return to the store in the afternoon and start organizing her goals after a simple dinner.

Despite the recent challenges, Susie remained undisturbed; she felt she was inching closer to happiness.

Every night when she returned home, Susie adhered to her routine of starting with a simple meditation session.

She persisted daily, finding solace in the mantra, "LIFE IS FANTASTIC." Despite being pregnant and her body showing the effects, Susie's dream of becoming a modern dancer remained alive. She gently touched her belly and whispered to her baby, "Let's meditate together. Imagine us on a beautiful island near town, under palm trees, spending weekends with our children and, of course, with Paul."

As Susie continued her meditation, her breathing steadied, and her body relaxed. Outside, heavy snowflakes continued to fall, and orange snow plows worked tirelessly. Susie and Paul's apartment, with its brown-red roof and a small garden view from the third-floor balcony, felt like a cozy haven. The neighboring child had built a snowman, and it almost seemed like Santa Claus had paid a visit. It warmed her heart.

As long as Susie repeated her mantra, inspiration flowed. That's what meditation was all about. A warm feeling surged within Susie's heart, knowing that Santa Claus was visiting their town. She couldn't help but think of Eggshell lawyer Tanya, who was undoubtedly enjoying the holidays with his family. Happiness abounded.